



Creative Halloween Cuisine

Adult Day Services Eligibility

Individuals who:

- Have a mild/moderate cognitive impairment.
- Require monitoring and supervision during the day.
- Require assistance with activities of daily living.
- Are physically frail/post A stroke or isolated in the community.
- Ability to administer own medication
- Need caregiver relief and support.
- Are a one-person transfer.
- The client's needs and abilities will be evaluated by our staff prior to admission to the day program.

Who We Are

St. Clair O'Connor provides private, comfortable accommodations for independent living, and the services of a dedicated staff. Enjoy the various amenities such as outside and underground parking, dining room, library, health and a beauty center organized activities and pastoral services. We aim to meet your needs now and in the future.

VISION STATEMENT

SCOC is a leader in creating an nurturing a mutually caring community for Seniors and Families

Program Hours

Monday to Friday: 9:00am to 3:30pm

Cost per day \$ 20.00

**St. Clair O'Connor Community
2701 St. Clair Ave. East
Toronto, ON M4B 1M5
Website: www.scoc.ca**

Adult Day Services

St. Clair O'Connor Community Inc.



For more information Contact

Angel Black
Tel: 416-757-8757 X 227
Fax: 416-751-7315
Email: a.black@scoc.ca



Musical Therapy

Client Focused Care

Services Provided

- Activation and social activities on an individual and/or group basis.
- Qualified staff providing supervision and care in a safe and comfortable environment.
- Health Monitoring by Nurse
- Assistance with daily living tasks as required.
- A nutritious lunch (two menu choices daily) and snacks (prepared daily in dietary department)

What is an Adult Day Services

Adult Day Services are designed for adults over the age of 55 who may have physical and/or memory challenges or are living with a chronic illness. ADS play a main role in allowing people to remain living in the community as long as possible by optimizing their level of physical, spiritual, social, and emotional function. The services provide a great opportunity for social interaction, new friendships and fun.

Adult Day Services keeps my husband energetic and active. He looks forward to getting dressed and going to the program. I give St Clair O'Connor Adult Day Services 5 stars!

- Janet, Caregiver

Objectives

- To develop and maintain physical, intellectual, social and spiritual abilities
- To provide respite to family members.
- To help the person live in the community for as long as possible.
- To lessen isolation and loneliness.



Client Focused Activities

Activities

- Physical (Fall Prevention Exercise, Ball Toss, Curling & Shuffleboards)
- Emotional Creative Cuisine, Pet, Music, & Horticulture Therapy
- Intellectual (Crafts, Board or Card Games, Trivia)
- Integrated Group Activities held in our Senior Active Living Centre
- Social (Seasonal, Special Events, Monthly Birthday Party & Concerts)