

# Long Term Care Home 2019 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:30 Bingo 2:00 Physiotherapy 3:30 Documentary Hour 	2 10:00 Coffee Time (Mtg) 11:00 Pet Visits with "Solana" 2:00 Devotional Time (LTCL)	3 10:30 Photo Browser 2:00 Physiotherapy	4 9:00 Physiotherapy 2:00 Shuffle Board
6 9:00 Hair Dresser is in 7:00 Church Services (Mtg)	7 10:30 Laughter Yoga 1:00 Musical Moments LTC 1:30 Hearing HealthCare Presentation (Mtg)	8 10:00 LTC Tea with Jonathan (TR) 11:00 Sit & be Fit 1:00 Fun Musical Circle (Mtg)	9 10:30 Residents' Council Meeting 10:30 Bingo 2:00 Physiotherapy 3:30 Documentary Hour	10 10:00 Coffee Time (Mtg) 11:00 Pet Visits with "Solana" 2:00 Devotional Time (LTCL)	11 10:30 Sing-A-Long 2:00 Physiotherapy 2:00 Birthday Party (Mtg)	12 9:00 Physiotherapy 2:00 Shuffle Board 
13 9:00 Hair Dresser is in 	14 10:30 Creative Cuisine (ADS) 1:00 Musical Moments LTC	15 10:00 LTC Tea with Jonathan (TR) 11:00 Sit & be Fit 2:00 Trivia 	16 10:30 Bingo 12:00 Diner's Club (DR) 2:00 Physiotherapy 3:30 Documentary Hour	17 10:00 Coffee Time (Mtg) 11:00 Pet Visits with "Solana" 2:00 Devotional Time (LTCL)	18 10:30 Musical Memories 2:00 Physiotherapy	19 9:00 Physiotherapy 2:00 Shuffle Board 
20 9:00 Hair Dresser is in 7:00 Church Services (Mtg)	21 10:30 Circle Ball 1:00 Musical Moments LTC	22 10:00 LTC Tea with Jonathan (TR) 11:00 Sit & be Fit 1:30 Puppet Pals Show (Mtg)	23 10:30 Bingo 1:30 Horticultural Therapy- Scottish Shorbread & Tour of Scotand (Mtg) 2:00 Physiotherapy	24 10:00 Coffee Time (Mtg) 11:00 Pet Visits with "Solana" 2:00 Devotional Time (LTCL)	25 10:30 Reminisc 2:00 Physiotherapy 	26 9:00 Physiotherapy 2:00 Shuffle Board
27 9:00 Hair Dresser is in 	28 10:30 Gardening 1:00 Musical Moments LTC	29 10:00 LTC Tea with Jonathan (TR) 11:00 Sit & be Fit 2:00 Beauty Spa	30 10:30 Bingo 2:00 Physiotherapy 3:30 Documentary Hour	31 10:00 Coffee Time (Mtg) 11:00 Pet Visits with "Solana" 2:00 Devotional Time (LTCL)		