

Long Term Care Home



2019 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					10:30 Proverbs 2:00 Physiotherapy 	9:00 Physiotherapy 2:00 Shuffle Board
3	4	5	6	7	8	9
9:00 Hair Dresser is in 7:00 Church Services (Mtg) 	10:30 Gardening 1:00 Musical Moments LTC	10:00 LTC Tea with Jonathan (TR) 11:00 Sit & be Fit 2:00 Trivia 	10:30 Bingo 2:00 Physiotherapy 3:30 Documentary Hour	10:00 Coffee Time (Mtg) 11:00 Pet Visits with "Solana" 2:00 Devotional Time (LTCL)	10:30 Reminisce 2:00 Physiotherapy 2:00 Birthday Party (Mtg)	9:00 Physiotherapy 2:00 Shuffle Board
10	11	12	13	14	15	16
9:00 Hair Dresser is in Spring Forward - Daylight Saving Time Begins 	10:30 Creative Cuisine (ADS) 1:00 Musical Moments LTC	10:00 LTC Tea with Jonathan (TR) 11:00 Sit & be Fit 2:00 Board Games	10:30 Residents' Council Meeting 1:30 Horticultural Therapy- Maple Syrup (Mtg) 2:00 Physiotherapy	10:00 Coffee Time (Mtg) 11:00 Pet Visits with "Solana" 2:00 Devotional Time (LTCL)	10:30 Sing-A-Long (LTCL) 2:00 Physiotherapy 	9:00 Physiotherapy 2:00 Shuffle Board
17	18	19	20	21	22	23
9:00 Hair Dresser is in 7:00 Church Services (Mtg) 	10:30 Creative Hands 1:00 Musical Moments LTC	10:00 LTC Tea with Jonathan (TR) 11:00 Sit & be Fit 2:00 Beauty Spa 	10:30 Bingo 12:00 Diner's Club (DR) 2:00 Physiotherapy 3:30 Documentary Hour 	10:00 Coffee Time (Mtg) 11:00 Pet Visits with "Solana" 2:00 Devotional Time (LTCL)	10:30 Drumming Circle 2:00 Physiotherapy 	9:00 Physiotherapy 2:00 Shuffle Board
24	25	26	27	28	29	30
9:00 Hair Dresser is in 	10:30 Balloon Volleyball 11:00 Laughter Yoga 1:00 Musical Moments LTC	10:00 LTC Tea with Jonathan (TR) 11:00 Sit & be Fit 1:30 Travelling in China Part One (Mtg)	10:30 Bingo 2:00 Physiotherapy 3:30 Documentary Hour 	10:00 Coffee Time (Mtg) 11:00 Pet Visits with "Solana" 2:00 Devotional Time (LTCL)	10:30 Board Games 2:00 Physiotherapy	9:00 Physiotherapy 2:00 Shuffle Board
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9:00 Hair Dresser is in 7:00 Church Services (Mtg)						