

Sunday

Monday

Tuesday

Wednesday

Thursday

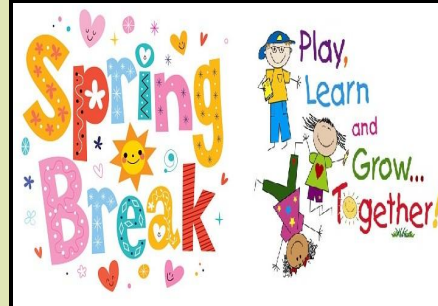
Friday

Saturday

# March 2019



## Adult Day Program Services



**4**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 Chair Yoga Instructor  
 12:00 Lunch Time Social  
 1:15 Charades  
 2:30 Snack Time/Trivia

**5**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 Music Appreciation  
 12:00 Lunch Time Social  
 1:15 Fall Prevention Exercise  
 1:45 Reminiscing Game  
 2:30 Snack Time/Trivia

Mardi Gras

**6**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:45 Pet Therapy  
 12:00 Lunch Time Social  
 1:15 Fall Prevention Exercise  
 1:45 Devotions/Hymn Singing  
 2:30 Snack Time/Trivia

Ash Wednesday

**7**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 Dice Card Game  
 11:15 Fall Prevention Exercise  
 12:00 Lunch Time Social  
 1:15 Darts  
 2:00 Theme Bingo  
 2:45 Snack Time/Trivia

**8**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 International Women's Day  
 11:15 Fall Prevention Exercise  
 12:00 Lunch Time Social  
 1:15 Snakes & Ladder  
 2:00 Birthday Party Mtg Rm  
 2:30 Snack Time/Trivia



**10**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 Creative Cuisine - Baking  
 12:00 Lunch Time Social  
 1:15 Trade Bingo  
 2:30 Snack Time/Trivia

**11**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 Chair Yoga Instructor  
 12:00 Lunch Time Social  
 1:30 Fun Musical Circle Mtg Rm  
 2:30 Snack Time/Trivia

**12**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:45 Pet Therapy  
 12:00 Lunch Time Social  
 1:30 Horticultural Therapy Mtg Rm  
 2:30 Snack Time/Trivia

**13**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 Art Appreciation  
 11:15 Fall Prevention Exercise  
 12:00 Lunch Time Social  
 1:15 Shuffle Board  
 2:00 Magic Show Mtg Rm  
 2:30 Snack Time/Trivia

**14**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 Puzzles & Things  
 12:00 Lunch Time Social  
 1:15 St. Patrick's Day Trivia  
 1:30 Men Spa Day (Hand Massage)  
 2:30 Snack Time/Trivia



**17**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 Crossword/Word Search  
 12:00 Lunch Time Social  
 1:30 Spa Day (Hand Massage)  
 2:30 Snack Time/Trivia

St. Patrick's Day

**18**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 Music Appreciation  
 12:00 Lunch Time Social  
 1:15 Fall Prevention Exercise  
 1:45 Yolf  
 2:30 Snack Time/Trivia

**19**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:45 Pet Therapy  
 12:00 Lunch Time Social  
 1:15 Fall Prevention Exercise  
 1:45 Scattergorie Card Game  
 2:30 Snack Time/Trivia

Spring Begins

**20**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 I Spy Memory Game  
 11:15 Fall Prevention Exercise  
 12:00 Lunch Time Social  
 1:15 Dog Bingo  
 2:30 Snack Time/Trivia

Purim

**21**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 Devotions/Hymn Singing  
 11:15 Fall Prevention Exercise  
 12:00 Lunch Time Social  
 1:30 Spa Day (Facial)  
 2:30 Snack Time/Trivia



**25**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 Musical Bingo  
 12:00 Lunch Time Social  
 1:15 Would you Rather Discussion  
 2:30 Snack Time/Trivia

**26**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 Music Appreciation  
 12:00 Lunch Time Social  
 1:30 Armchair Travel Mtg Rm  
 2:30 Snack Time/Trivia

**27**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:45 Pet Therapy  
 12:00 Lunch Time Social  
 1:15 Fall Prevention Exercise  
 1:45 Snakes & Ladders  
 2:30 Snack Time/Trivia

**28**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 Spa Day (Facial)  
 11:15 Fall Prevention Exercise  
 12:00 Lunch Time Social  
 1:30 Horticultural Therapy Mtg Rm  
 2:30 Snack Time/Trivia

**29**  
 9:00 Movie/Sitcom  
 10:00 Coffee Time Social Discussion Group  
 10:30 Proverb/Who Am I  
 11:15 Fall Prevention Exercise  
 12:00 Lunch Time Social  
 1:15 Curling  
 2:30 Snack Time/Trivia



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