

Adult Day Services 2019 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <p>Offices & ADS Closed</p>	9:00 Movie/Sitcom (ADS) 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 10:30 Colouring /Word Search 12:00 Lunch Time Social (DR) 1:30 Back to School Trivia 2:30 Snack Time/Trivia (ADS)	9:00 Movie/Sitcom (ADS) 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 10:45 Pet Therapy (ADS) 12:00 Lunch Time Social (DR) 1:30 Puzzles (ADS) 2:30 Snack Time/Trivia (ADS)	9:00 Movie/Sitcom 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 10:30 Sing-A-Long 12:00 Lunch Time Social (DR) 1:30 Whiteboard Word Game 2:30 Snack Time/Trivia (ADS)	9:00 Movie/Sitcom 9:30 Fall Prevention Exercise 10:00 Patio Visits (P) 12:00 Lunch Time Social (DR) 1:30 Hymn Singing 2:30 Snack Time/Trivia (ADS)	 <p>FOOTBALL SEASON IS HERE.</p>
 <p>Setp. 8</p>	9:00 Movie/Sitcom (ADS) 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 10:30 Binge 12:00 Lunch Time Social (DR) 1:30 Sing-A-Long 2:30 Snack Time/Trivia (ADS)	9:00 Movie/Sitcom (ADS) 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 10:30 Shuffle Board 12:00 Lunch Time Social (DR) 1:00 Fun Musical Circle (Mtg) 2:30 Snack Time/Trivia (ADS)	9:00 Movie/Sitcom (ADS) 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 10:30 Horticultural Therapy-Lemon Meringue Tarts and Chickens (Mtg) 12:00 Lunch Time Social (DR) 1:30 Creative Hands (ADS) 2:30 Snack Time/Trivia (ADS)	9:00 Movie/Sitcom 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 10:30 Bowling 12:00 Lunch Time Social (DR) 1:30 Creative Hands 2:30 Snack Time/Trivia (ADS)	9:00 Movie/Sitcom 9:30 Fall Prevention Exercise 10:00 Patio Visits 12:00 Lunch Time Social (DR) 2:00 Birthday Party (Mtg) 2:30 Snack Time/Trivia (ADS)	 <p>Sctp. 14</p>
 <p>National Felt Hat Day September 15</p>	9:00 Movie/Sitcom (ADS) 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 10:30 Creative Cuisine (CR) 10:30 Dice Games 12:00 Lunch Time Social (DR) 1:30 Musical Memories 2:30 Snack Time/Trivia (ADS)	9:00 Movie/Sitcom (ADS) 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 11:00 Fun Musical Circle (CR) 12:00 Lunch Time Social (DR) 1:30 Puzzles 2:30 Snack Time/Trivia (ADS)	9:00 Movie/Sitcom (ADS) 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 10:30 Table Volleyball (ADS) 12:00 Lunch Time Social (DR) 1:30 Creative Hands (ADS) 2:30 Snack Time/Trivia (ADS)	9:00 Movie/Sitcom 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 10:30 Music Bingo 12:00 Lunch Time Social (DR) 1:30 Muffin-Tray Penny Toss 2:30 Snack Time/Trivia (ADS)	9:00 Movie/Sitcom 9:30 Fall Prevention Exercise 10:00 Patio Visits 12:00 Lunch Time Social (DR) 1:30 Darts (Mtg) 2:30 Snack Time/Trivia (ADS)	 <p>Sept. 21</p>
 <p>National Otic Night In Day September 21</p>	9:00 Movie/Sitcom (ADS) 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 10:30 Binge 12:00 Lunch Time Social (DR) 1:30 Musical Memories 2:30 Snack Time/Trivia (ADS)	9:00 Movie/Sitcom (ADS) 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 10:30 The Price is Right 12:00 Lunch Time Social (DR) 1:30 Horticultural Therapy-Apple Cider (Mtg) 2:30 Snack Time/Trivia (ADS)	9:00 Movie/Sitcom (ADS) 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 10:45 Pet Therapy (ADS) 12:00 Lunch Time Social (DR) 1:30 Sing-A-Long (Mtg) 2:30 Snack Time/Trivia (ADS)	9:00 Movie/Sitcom 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 10:30 Word Game-Random Letters 12:00 Lunch Time Social (DR) 1:30 Shuffle Board (ADS) 2:30 Snack Time/Trivia (ADS)	9:00 Movie/Sitcom 9:30 Fall Prevention Exercise 10:00 Patio Visits 12:00 Lunch Time Social (DR) 1:30 Armchair Travel 2:30 Snack Time/Trivia (ADS)	 <p>National Eat A Hoagie Day September 14</p>
 <p>National Coffe Day</p>	9:00 Movie/Sitcom (ADS) 9:30 Fall Prevention Exercise 10:00 Coffee Time/Discussion (ADS) 10:30 Penny Anne 12:00 Lunch Time Social (DR) 1:30 Listen & Guess 2:30 Snack Time/Trivia (ADS)					