

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# Happy January Birthday

Happy New Year  
All offices are closed

New Year's Day

3  
1:30 Virtual Bible Study and Prayer Program- VR

4  
10:30 Easy Chair Exercise-MTG/VR  
1:30 Covid-19 News updates-(YouTube)-VR  
3:00 Number Bingo-VR

5  
10:30 Standing Vigorous Exercise-VR  
1:30 Prayer for The Pandemic-VR  
3:00 Chair Yoga-VR  
7:30 Traditional Prayer Services-VR

6  
10:30 Easy Movement to Music Chair Exercise-VR  
1:30 Prayer for The Pandemic -VR  
3:00pm Dance Class-VR  
7:30 Traditional Prayer Services-VR

7  
10:30 Senior Social Health-Info session on indoor water-based plants-VR  
1:30 Prayer for The Pandemic -VR  
3:00 Jeopardy-VR  
7:30 Traditional Prayer Services-VR

8  
10:30 Easy Chair Exercise-VR  
1:30 The Mennonites – a trip back in time | DW Documentary-VR  
3:00 Number Bingo-VR

10  
1:30 Virtual Bible Study and Prayer Program- VR

11  
10:30 Easy Chair Exercise-MTG/VR  
1:30 Good Ol' Favorites Sing-Along Songs-VR  
3:00 Number Bingo-VR

12  
10:30 Standing Vigorous Exercise-VR  
1:30 Prayer for The Pandemic-VR  
3:00 Meditation and Going Beyond Mindfulness - A Secular Perspective-Part 2-VR  
7:30 Traditional Prayer Services-VR

13  
10:30 Easy Chair Exercise-VR  
1:30 Prayer for The Pandemic -VR  
3:00 Job & Trade Bingo-VR  
7:30 Traditional Prayer Services-VR

14  
10:30 Standing Vigorous Exercise-VR  
1:30 Prayer for The Pandemic -VR  
3:00 Jeopardy-VR  
7:30 Traditional Prayer Services-VR

15  
10:30 Easy Chair Exercise-VR  
1:30 Early Christian Churches' Documentary-VR  
3:00 Number Bingo-VR

17  
1:30 Virtual Bible Study and Prayer Program- VR

18  
10:30 Easy Chair Exercise-MTG/VR  
1:30 Martin Luther King Documentary-VR  
3:00 Number Bingo-VR  
Martin Luther King Day

19  
10:30 Standing Vigorous Exercise-VR  
1:30 Prayer for The Pandemic-VR  
3:00 Chair Yoga-VR  
7:30 Traditional Prayer Services-VR

20  
10:30 Easy Movement to Music Chair Exercise-VR  
1:30 Prayer for The Pandemic -VR  
3:00pm Dance Class-VR  
7:30 Traditional Prayer Services-VR

21  
10:30 Senior Social Health-Info session on indoor water-based plants-VR  
1:30 Prayer for The Pandemic -VR  
3:00 Jeopardy-VR  
7:30 Traditional Prayer Services-VR

22  
10:30 Easy Chair Exercise-VR  
1:30 Breaking the Silence | The Secret Strength of the Amish Church | Joseph J. Graber | Lester Graber- Documentary-VR  
3:00 Number Bingo-VR

24  
1:30 Virtual Bible Study and Prayer Program- VR  
Activity Professionals Week

25  
10:30 Easy Chair Exercise-MTG/VR  
1:30 The Spanish Flu & How The World Recovered (1918-1929) History Documentary-VR  
3:00 Number Bingo-VR

26  
10:30 Standing Vigorous Exercise-VR  
1:30 Prayer for The Pandemic-VR  
2:00 Music with Bev & John -VR  
7:30 Traditional Prayer Services-VR  
Australia Day (observed)

27  
10:30 Easy Chair Exercise-VR  
1:30 Prayer for The Pandemic -VR  
3:00 Indigenous Drumming-VR  
7:30 Traditional Prayer Services-VR

28  
10:30 Standing Vigorous Exercise-VR  
1:30 Prayer for The Pandemic -VR  
3:00 Jeopardy-VR  
7:30 Traditional Prayer Services-VR

29  
10:30 Easy Chair Exercise-VR  
1:30 Cash in Winnings-Door to Door  
3:00 Number Bingo-VR

31  
1:30 Virtual Bible Study and Prayer Program- VR

