

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday



October 2021

<p>3 7:00 Weekly Prayer Service-MTG/ ZOOM</p>	<p>4 10:30 Easy Chair Exercise-MTG/ ZOOM 1:00 – Tom Jones Biograph-MTG/ZOOM 3:00 Number Bingo-MTG/ ZOOM</p>	<p>5 10:30 Standing Vigorous Exercise- MTG/ ZOOM 1 :30 Spider Jones Thanksgiving Special-MTG/ZOOM</p>	<p>6 10:30 Easy Chair Exercise- MTG/ ZOOM 1:30 Horticulture Club-MTG/ ZOOM 3:00 Thanksgiving Bingo-MTG/ZOOM</p>	<p>7 10:30 Standing Vigorous Exercise- MTG/ ZOOM 2:00 Fraud Presentation-MTG/ZOOM 3:00 Bible Study-CR/ ZOOM</p>	<p>8 10:30 Easy Chair Exercise-MTG/ ZOOM 1:00 – The History of Thanksgiving-MTG/ZOOM 3:00 Number Bingo - MTG/ZOOM</p>	<p>9 </p>
<p>10 </p>	<p>11 HAPPY THANKSGIVING ALL OFFICES ARE CLOSED  <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving (Canada)</small></p>	<p>12 10:30 Standing Vigorous Exercise-MTG/ ZOOM 2 :00 Curling-MTG</p>	<p>13 10:30 Easy Chair Exercise- MTG/ ZOOM 1:30 Musical Therapy-MTG/ZOOM 3:00 Thanksgiving Bingo-MTG/ZOOM</p>	<p>14 10:30 Standing Vigorous Exercise- MTG/ ZOOM 2:00 Dance Class-MTG/ZOOM 3:00 Bible Study-CR/ ZOOM</p>	<p>15 10:30 Easy Chair Exercise-MTG/ ZOOM 1:00 – SCOC October's Slide Show-MTG 3:00 Number Bingo-MTG/ ZOOM</p>	<p>16 </p>
<p>17 7:00 Weekly Prayer Service-MTG/ ZOOM</p>	<p>18 10:30 Easy Chair Exercise-MTG/ ZOOM 1:00 – The Birds-Alfred Hitchcock Movie 1963- Part 1-MTG/ZOOM 3:00 Number Bingo- MTG/ ZOOM</p>	<p>19 10:30 Standing Vigorous Exercise-MTG/ ZOOM 2 :00 Chair Yoga-MTG/ ZOOM</p>	<p>20 10:30 Easy Chair Exercise- MTG/ ZOOM 1:30 Horticulture Club - MTG/ZOOM 3:00 Halloween Bingo-MTG/ZOOM</p>	<p>21 10:30 Standing Vigorous Exercise- MTG/ ZOOM 1:30 Spa & Nails-MTG 3:00 Bible Study-CR/ ZOOM</p>	<p>22 10:30 Easy Chair Exercise-MTG/ ZOOM 1:00 – The Birds-Alfred Hitchcock Movie 1963- Part 2-MTG/ZOOM 3:00 Number Bingo- MTG/ ZOOM</p>	<p>23 </p>
<p>24 7:00 Weekly Prayer Service-MTG/ ZOOM</p>	<p>25 10:30 Easy Chair Exercise-MTG/ ZOOM 1:30 – Astronomer's Club-MTG/ZOOM 3:00 Number Bingo-MTG/ ZOOM</p>	<p>26 10:30 Standing Vigorous Exercise- MTG/ ZOOM 2 :00 Cash in Winnings-MTG 3:00 Bowling-MTG</p>	<p>27 10:30 Easy Chair Exercise- MTG/ ZOOM 1:30 Halloween Bingo-MTG/ZOOM 3:00 Indigenous Singing - MTG/ ZOOM</p>	<p>28 10:30 Standing Vigorous Exercise- MTG/ZOOM 2:00 Dance Class-MTG/ZOOM 3:15 Bible Study-CR/ZOOM</p>	<p>29 10:30 Easy Chair Exercise-MTG/ ZOOM 1:30 – Family Feud-MTG 3:00 Number Bingo-MTG/ ZOOM</p>	<p>30 </p>

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7:00 Weekly Prayer Service-MTG/ ZOOM



Halloween