

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | |
|--|---|--|---|--|---|---|--|
| | | | | | | 1 New Year's Day | |
| 7:00 Weekly Church Service- ZOOM | 2 10:30 Easy Chair Exercise- ZOOM 1:00 The True Story of Alexander the Great 3:00 Number Bingo- ZOOM | 3 10:30 Standing Vigorous Exercise- ZOOM 2:00 Everly Brothers International Archive: A&E Biography- ZOOM | 4 10:30 Easy Chair Exercise- ZOOM 1:30 -Musical Bingo- ZOOM | 5 10:30 Standing Vigorous Exercise- ZOOM 1:00 Ocean's Twelve Movie Part 1- ZOOM 3:00 Bible Study- ZOOM 7:00 Table Tennis-MTG | 6 10:30 Easy Chair Exercise- ZOOM 1:00 Ocean's Twelve Movie Part 2- ZOOM 3:00 Number Bingo - ZOOM | 8 | |
| 7:00 Weekly Church Service - ZOOM | 9 10:30 Easy Chair Exercise- ZOOM 1:30 Chair Yoga-ZOOM 3:00 Number Bingo- ZOOM | 10 10:30 Standing Vigorous Exercise- 2:00 Talk and Trivia- ZOOM | 11 10:30 Easy Chair Exercise- ZOOM 3:00 Hollywood Bingo- ZOOM | 12 10:30 Standing Vigorous Exercise- ZOOM 1:30 Jeopardy- ZOOM 3:00 Bible Study- ZOOM | 13 10:30 Easy Chair Exercise- ZOOM 1:00 Secrets of The Book Of Revelation - Documentary- ZOOM 3:00 Number Bingo - ZOOM | 15 | |
| 7:00 Weekly Church Service - ZOOM | 16 10:30 Easy Chair Exercise- ZOOM 1:00 Martin Luther King - Civil Rights Leader Documentary-ZOOM 3:00 Number Bingo- ZOOM <small>Martin Luther King Jr. Day</small> | 17 10:30 Standing Vigorous Exercise- ZOOM 2:00 The Life and Times of Roy Orbison (1998) | 18 10:30 Easy Chair Exercise- ZOOM 1:30 Horticultural Group-ZOOM 3:00 Hospital Bingo- ZOOM | 19 10:30 Standing Vigorous Exercise- ZOOM 1:30 -Family Feud-ZOOM 3:00 Bible Study-ZOOM | 20 10:30 Easy Chair Exercise- ZOOM 1:00 Big Band Music- ZOOM 3:00 Number Bingo - ZOOM | 22 | |
| 7:00 Weekly Church Service -ZOOM <small>Activity Professionals Week</small> | 23 10:30 Easy Chair Exercise- ZOOM 1:30 Chair Yoga-ZOOM 3:00 Number Bingo- ZOOM | 24 10:30 Standing Vigorous Exercise- ZOOM 2:00 Inside the CIA Full Documentary- ZOOM | 25 10:30 Easy Chair Exercise- ZOOM 1:30 - Animal Bingo- ZOOM 3:00 Indigenous Singing - ZOOM <small>Australia Day (observed)</small> | 26 10:30 Standing Vigorous Exercise- ZOOM 2:00 Cash in Winnings- Door to Door 3:00 Bible Study- ZOOM | 27 10:30 Easy Chair Exercise-ZOOM 1:00 -Elvis and the Colonel: The Untold Story- ZOOM 3:00 Number Bingo - | 29 | |
| 7:00 Weekly Church Service - ZOOM | 30 10:30 Easy Chair Exercise- ZOOM 1:30 Astronomer's Club- ZOOM 3:00 Number Bingo- ZOOM | 31  |  | | |  | |