



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	NOVEMBER  CITRINE	<b>1</b> 2:00 Chaplain Visit 2:30 Beauty Spa 3:30 1:1 Visits 5:40 Sit & Be Fit 6:10 Hooray for Hollywood	<b>2</b> 11:00 Sit & Be Fit 11:30 Reminisce 1:00 1:1 Visits 1:30 Sing-a-long with Edwina	<b>3</b> 11:00 Sit & Be Fit 11:30 Poetry Corner 1:00 1:1 Visits 1:30 Bingo 6:30 Church Service	<b>4</b> 11:00 Sit & Be Fit 11:30 Short Stories 1:00 1:1 Visits 1:30 Creative Hands	<b>5</b> 10:40 St. John's Virtual Pet Visit 11:30 Sit & Be Fit 1:00 1:1 Visits 1:30 Horse Race
<b>6</b> Happy Birthday Edwina! 	<b>7</b> 11:00 Sit & Be Fit 11:30 Name that tune 1:00 1:1 Visits 1:30 Bingo	<b>8</b> 2:00 Chaplain Visit 2:30 Shuffleboard 3:30 1:1 Visits 5:40 Sit & Be Fit 6:10 Brain Quest	<b>9</b> 11:00 Sit & Be Fit 11:30 Bean Bag Toss 1:00 1:1 Visits 2:00 Residents Council	<b>10</b> 11:00 Sit & Be Fit 11:30 Balloon Volleyball 1:00 1:1 Visits 1:30 Birthday Party 6:30 Church Service	<b>11</b> 11:00 Remembrance Day Program 1:00 1:1 Visits 1:30 Sit & Be Fit 2:00 Short Stories	
<b>13</b> 11:00 Sit & Be Fit 11:30 Proverbs 1:00 1:1 Visits 1:30 Musical Moments 2:30 Dementia-friendly nondenominational worship service	<b>14</b> 11:00 Sit & Be Fit 11:30 Trivia 1:00 1:1 Visits 1:30 Armchair Travel	<b>15</b> 2:00 Chaplain Visit 2:30 Beauty Spa 3:30 1:1 Visits 5:40 Sit & Be Fit	<b>16</b> 11:00 Sit & Be Fit 11:30 Reminisce 1:00 1:1 Visits 1:30 Sing-a-long with Edwina	<b>17</b> 11:00 Sit & Be Fit 11:30 Name that tune 1:00 1:1 Visits 1:30 Bingo 6:30 Church Service	<b>18</b> 11:00 Sit & Be Fit 11:30 Funny Jokes 1:00 1:1 Visits 1:30 Bowling	<b>19</b> 11:00 Horse Race 1:00 1:1 Visits 1:30 Snakes & Ladders
<b>20</b>	<b>21</b> 11:00 Sit & Be Fit 11:30 Canadian Trivia 1:00 1:1 Visits 1:30 Card Dice Game	<b>22</b> 2:00 Chaplain Visit 3:30 1:1 Visits 5:40 Sit & Be Fit 6:10 Hooray for Hollywood	<b>23</b> 11:00 Sit & Be Fit 11:30 Poetry Corner 1:00 1:1 Visits 1:30 Sing-a-long with Edwina	<b>24</b> 11:00 Sit & Be Fit 11:30 Balloon Volleyball 1:00 1:1 Visits 1:30 Bingo 6:30 Church Service	<b>25</b> 11:00 Sit & Be Fit 11:30 Short Stories 1:00 1:1 Visits 1:30 Creative Hands	<b>26</b>
<b>27</b> 11:00 Sit & Be Fit 11:30 Proverbs 1:00 1:1 Visits 1:30 Horse Race 2:30 Dementia-friendly nondenominational worship service	<b>28</b> 11:00 Sit & Be Fit 11:30 Reminisce 1:00 1:1 Visits 1:30 Trouble Board Game	<b>29</b> 2:00 Chaplain Visit 2:30 Beauty Spa 3:30 1:1 Visits 5:40 Sit & Be Fit 6:10 Brain Quest	<b>30</b> 11:00 Sit & Be Fit 11:30 Armchair Travel 1:00 1:1 Visits 1:30 Sing-a-long with Edwina			

