




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>12:00 Canada's Day BBQ-MTG</b> <b>1:30 Musical Entertainment with Fanny Maciel-MTG</b> <small>Canada Day</small>	10:30 Standing Vigorous Exercise-MTG/ZOOM <b>1:30 Curling-MTG</b> 3:00 Chair Yoga-MTG 7:00 Table Tennis-CR	10:30 Easy Chair Exercise- MTG/ZOOM <b>1:30 Colouring-MTG</b> 7:00 Table Tennis-CR 7:00 Game Night-MTG	10:30 Standing Vigorous Exercise- MTG/ ZOOM <b>1:30 Talk &amp; Trivia-MTG</b> 3:00 Bible Study-Library 7:00 Table Tennis-CR	<b>7:45 Boat Cruise Trip-Lobby</b> 10:30 Easy Chair Exercise-MTG/ZOOM <b>1:00 The Family that Preys Movie -MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Table Tennis-CR	
<b>7:00 Worship Service-MTG</b>	<b>10:00 Painting Class-CR</b> 10:30 Easy Chair Exercise-MTG/ZOOM <b>1:00 Chimers MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Euchre-MTG 7:00 Table Tennis-CR	10:30 Standing Vigorous Exercise-MTG/ZOOM <b>1:30 Curling-MTG</b> 3:00 Chair Yoga-MTG 7:00 Table Tennis-CR	10:30 Easy Chair Exercise-MTG/ZOOM <b>1:30 Musical Entertainment-John Amato-MTG</b> <b>3:00 Farmer's Market-MTG</b> 7:00 Table Tennis-CR 7:00 Game Night-MTG	10:30 Standing Vigorous Exercise- MTG/ ZOOM <b>1:30 Spa, Massage &amp; Nails-MTG</b> 3:00 Bible Study-Library 7:00 Table Tennis-CR	10:30 Easy Chair Exercise- MTG/ZOOM <b>1:00 Gifted Hands Movie -MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Table Tennis-CR	<b>10:30 Nails and Massage Second Session-MTG</b> <b>2:00 National Culinary &amp; Chili Hot Dog Day Social-MTG</b>
<b>7:00 Liturgical Prayer and Hymns-MTG</b>	10:30 Easy Chair Exercise- MTG/ZOOM <b>1:00 Chimers MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Euchre-MTG 7:00 Table Tennis-CR	10:30 Standing Vigorous Exercise- MTG/ZOOM <b>1:30 Curling-MTG</b> 3:00 Chair Yoga-MTG <b>7:00 Townhall Meeting-MTG</b>	10:30 Easy Chair Exercise-MTG/ZOOM <b>1:30 Cash in Winnings-MTG</b> <b>3:00 Musical Entertainment-John Lettieri- MTG</b> 7:00 Table Tennis-CR 7:00 Game Night-MTG	10:30 Standing Vigorous Exercise-MTG/ ZOOM 2:00 Jeopardy-MTG 3:00 Bible Study-Library 6:00 Board Meeting-CR	10:30 Easy Chair Exercise- MTG/ZOOM <b>1:00 Our Souls at Nights Movie -MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Table Tennis-CR	<b>2:30 Saturday Social-MTG</b>
<b>7:00 Hymn Sing-MTG</b>	<b>10:00 Painting Class-CR</b> 10:30 Easy Chair Exercise-MTG/ZOOM <b>1:00 Chimers MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Euchre-MTG 7:00 Table Tennis-CR	10:30 Standing Vigorous Exercise- MTG/ZOOM <b>1:00 Curling-MTG</b> 3:00 Chair Yoga-MTG 7:00 Table Tennis-CR 7:00 Game Night- MTG	10:30 Easy Chair Exercise-MTG/ZOOM <b>1:30 Musical Entertainment-Natalie Wong-MTG</b> 3:00 Cash in Winnings-MTG 7:00 Table Tennis-CR 7:00 Game Night-MTG	10:30 Standing Vigorous Exercise- MTG/ ZOOM <b>1:30 Current Events-MTG</b> 3:00 Bible Study-Library 7:00 Table Tennis-CR	10:30 Easy Chair Exercise- MTG/ZOOM <b>1:00 Mahalia Movie -MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Table Tennis-CR	
<b>7:00 Liturgical Prayer and Hymns-MTG</b>	10:30 Easy Chair Exercise-MTG/ZOOM <b>1:30 Astronomers Group-MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Euchre-MTG 7:00 Table Tennis-CR	10:30 Standing Vigorous Exercise-MTG/ZOOM <b>1:30 Curling-MTG</b> 3:00 Chair Yoga-MTG 7:00 Table Tennis-CR	10:30 Easy Chair Exercise- MTG/ZOOM <b>3:00 Musical Entertainment-Alice Kim-MTG</b> 7:00 Table Tennis-CR 7:00 Game Night-MTG	