


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>7:00 Worship Service-MTG</b> 1	<b>Labor Day</b> <b>All offices are closed</b> <small>Labor Day</small> 2	10:30 Standing Vigorous Exercise-MTG/ZOOM <b>1:30 Curling-MTG</b> 3:00 Chair Yoga-MTG 7:00 Table Tennis-CR 3	10:00-3:00 Quilting Group-CR 10:30 Easy Chair Exercise- MTG/ZOOM <b>1:30 Entertainment with Filipa Sousa-- MTG</b> 5:00 Board Meeting-CR 4	10:30 Standing Vigorous Exercise-MTG/ ZOOM <b>1:00 Talk &amp; Trivia-MTG</b> 3:00 Bible Study-Library 7:00 Table Tennis-CR 5	10:30 Easy Chair Exercise- MTG/ZOOM <b>1:00 Treasure Island Movie 1950-MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Table Tennis-CR 6	<b>10:00am-2:00pm SCOC Garage Sale-St. Columba PI</b> 7
<b>7:00 Liturgical Prayer and Hymns-MTG</b> <small>Grandparents Day</small> 8	10:30 Easy Chair Exercise- MTG/ZOOM <b>1:00 Chimers MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Euchre-MTG 7:00 Table Tennis-CR 9	10:30 Standing Vigorous Exercise-MTG/ZOOM <b>1:30 Bowling-MTG</b> 3:00 Chair Yoga-MTG 7:00 Table Tennis-CR 10	10:00-3:00 Quilting Group-CR 10:30 Easy Chair Exercise-MTG/ZOOM <b>1:00 Farmer's Market-MTG</b> <b>3:00 Entertainment with Davis Steven-- MTG</b> 7:00 Table Tennis-CR 7:00 Game Night-MTG 11	10:30 Standing Vigorous Exercise- MTG/ ZOOM <b>1:00 Colouring for Adults-MTG</b> 3:00 Bible Study-Library <b>7:00 AGM-MTG</b> 12	10:30 Easy Chair Exercise- MTG/ZOOM <b>1:00 Twisters Movie Part 1MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Table Tennis-CR 13	 <small>Happy Grandparents Day</small> 14
<b>7:00 Hymn Sing-MTG</b> 15	<b>10:00 Painting Class-CR</b> 10:30 Easy Chair Exercise-MTG/ZOOM <b>1:00 Chimers MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Euchre-MTG 7:00 Table Tennis-CR 16	10:30 Standing Vigorous Exercise- MTG/ZOOM <b>3:00 R.O.M. Presentation: Romancing the Stone-MTG</b> <b>7:00 Town Hall Meeting-MTG</b> 17	10:00-3:00 Quilting Group-CR 10:30 Easy Chair Exercise-MTG/ZOOM <b>2:00 August &amp; September Birthday Party Entertainment with Samira Yeo-- MTG</b> 7:00 Table Tennis-CR 7:00 Game Night-MTG 18	10:30 Standing Vigorous Exercise- MTG/ ZOOM <b>1:00 Current Events-MTG</b> 3:00 Bible Study-Library 6:00 Board Meeting-CR 19	10:30 Easy Chair Exercise- MTG/ZOOM <b>1:00 Twisters Movie Part 2-MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Table Tennis-CR 20	<b>8:30 Apple Harvest Trip-Lobby</b> <b>2:30 Residents' Social-MTG</b> <small>Oktoberfest Begins</small> 21
<b>7:00 Liturgical Prayer and Hymns-MTG</b> <small>Autumn Begins</small> 22	10:30 Easy Chair Exercise- MTG/ZOOM <b>1:00 Chimers MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Euchre-MTG 7:00 Table Tennis-CR 23	10:30 Standing Vigorous Exercise-MTG/ZOOM <b>1:30 Cash in Winnings-MTG</b> 3:00 Chair Yoga-MTG 7:00 Table Tennis-CR 24	10:00-3:00 Quilting Group-CR 10:30 Easy Chair Exercise-MTG/ZOOM <b>1:30 Judy-Ann Presents: Birds-MTG</b> <b>3:00 Entertainment with Fanny Maciel-- MTG</b> <b>7:30 Heritage Clube-MTG</b> 25	10:30 Standing Vigorous Exercise- MTG/ ZOOM <b>1:30 Nails &amp; Massage-MTG</b> 3:00 Bible Study-Library 7:00 Table Tennis-CR 26	10:30 Easy Chair Exercise- MTG/ZOOM <b>1:00 Celine Dion Movie 2008-MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Table Tennis-CR 27	<b>10:30 Nails and Massage-MTG</b> <b>2:00 Social with Susan &amp; Celina-MTG</b> 28
<b>7:00 The Joy of Music-MTG</b> 29	<b>10:00 Painting Class-CR</b> 10:30 Easy Chair Exercise-MTG/ZOOM <b>1:30 Astronomers Group-MTG</b> 3:00 Number Bingo-MTG/ZOOM 7:00 Euchre-MTG 7:00 Table Tennis-CR 30	 <b>SEPTEMBER 2024</b>				